

SOUL ORGANIZATION FOR LIFELONG OVERCOMING



How do you feel today?

What are you thankful for?

Are you accomplishing everything you desire?

If no, what is limiting you?

Do you need ongoing support?

What do you need to do to better yourself?

I am making changes to better myself
I am not what I have been through. Trauma will no longer shape
my identity.

I am WHOLE

I am no longer mentally fragmented
I am not a mistake

I am prospering and in good health even as my soul prospers My perspective has changed, I see from a healed place.

I am loved

I am happy

I am healthy

I am secure

I am worthy

I am not a failure

I am beautiful

My heart overflows with joy

My soul is flooded with peace

I have the mind of Christ

I am enough

I am valuable

I believe in me

I love me

I am the solution to a problem

I am redeemed

I am a masterpiece